

JIMMY C. DRAUGHN AQUATIC & FITNESS CENTER: 828-879-2144

MEMBERSHIPS

Aquatic & Fitness Memberships

| Type | 1 mo | 3 mo | 6 mo | 1 year |
|--------------------------|------|-------|-------|--------|
| Family | \$45 | \$125 | \$200 | \$330 |
| Individual/Senior Couple | \$40 | \$100 | \$175 | \$265 |
| Senior (55 & older) | \$30 | \$75 | \$130 | \$225 |

Fitness Memberships or Aquatic Memberships

| Type | 1 mo | 3 mo | 6 mo | 1 year |
|--------------------------|------|------|-------|--------|
| Family | \$35 | \$80 | \$130 | \$225 |
| Individual/Senior Couple | \$30 | \$70 | \$115 | \$175 |
| Senior (55 & older) | \$20 | \$55 | \$90 | \$150 |

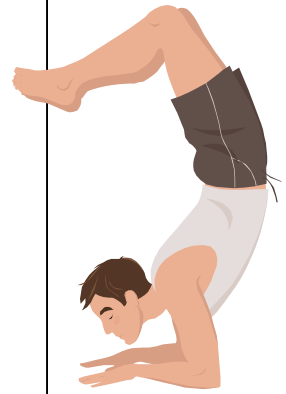
SESSION FEES

Pool

Adults 19 & older: \$3.25
 Students 5-18: \$2.25
 Children 4 & younger: \$1.25

Fitness Room: \$3.50

Exercise Classes: \$3.50



AEROBICS SCHEDULE:

Monday, Tuesday, Thursday-5:45, refer to calendar, class types vary with instructor

YOGA: Sunday, 2:00pm Tuesday & Thursday, 8:15pm

AQUATIC & FITNESS MEMBERSHIP PACKAGE

Includes the following...

Access to the fitness room and the pool

Aerobic, ABS, yoga, and aquacise classes

One session of swim lessons FREE per month for one individual on the membership

Locker rental for the day

FITNESS MEMBERSHIP PACKAGE

Includes the following...

Access to the fitness room

Aerobic, ABS, and yoga classes

Locker rental for the day

AQUATIC MEMBERSHIP PACKAGE

Includes the following...

Access to the pool

Aquacise classes

One session of swim lessons FREE per month for one individual on the membership

Locker rental for the day



FITNESS ROOM OPERATION HOURS

Monday-Friday: 5:30am-9:30pm

Saturday: 8:00am-9:30pm

Sunday: 1:00-5:00pm

CLOSING DATES

October 24th-VCC closes at 5:00pm for the Halloween Event

November 20th-pool closes at 4:00pm for swim meet

November 25th-pool closes at 4:00pm for swim meet

November 26th-VCC closed for Thanksgiving Day

December 2nd-pool closes at 4:00pm for swim meet

December 5th-VCC closed until 12:00pm-Valdese Christmas Parade

December 9th-pool closes at 4:00pm for swim meet

December 16th-pool closes at 4:00pm for swim meet

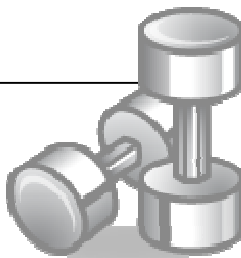
December 24th and 25th-VCC closed for Christmas Eve and Christmas Day

December 30th-pool closes at 4:00pm for swim meet

December 31st-VCC closes at 5:00pm

January 1st-VCC closed for New Year's Day

DATES ARE SUBJECT TO CHANGE!



Fitness Room Rules

- Minimum age without supervision is 16
- **Ages 12-15 must be accompanied by an adult 21 and older**
- Use equipment at your own risk
- 30 minute limit on all cardio equipment
- No concessions allowed; only bottled water
- Shoes and shirts are required

Jimmy C. Draughn Aquatic & Fitness Center
 Valdese Recreation Department
 312 Massel Ave.
 828-879-2144