

JIMMY C. DRAUGHN AQUATIC & FITNESS CENTER: 828-879-2144

MEMBERSHIPS

Aquatic & Fitness Memberships

Type	1 mo	3 mo	6 mo	1 year
Family	\$45	\$125	\$200	\$330
Individual/Senior Couple	\$40	\$100	\$175	\$265
Senior (55 & older)	\$30	\$75	\$130	\$225

Fitness Memberships or Aquatic Memberships

Type	1 mo	3 mo	6 mo	1 year
Family	\$35	\$80	\$130	\$225
Individual/Senior Couple	\$30	\$70	\$115	\$175
Senior (55 & older)	\$20	\$55	\$90	\$150

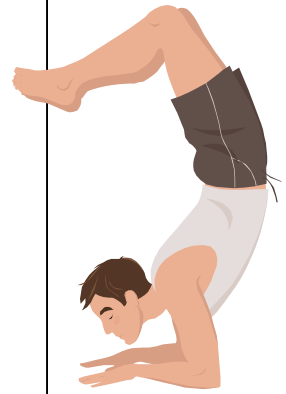
SESSION FEES

Pool

Adults 19 & older: \$3.25
 Students 5-18: \$2.25
 Children 4 & younger: \$1.25

Fitness Room: \$3.50

Exercise Classes: \$3.50



AEROBICS SCHEDULE:

Monday, Tuesday, Thursday-5:45, refer to calendar, class types vary with instructor

YOGA: Sunday, 2:00pm Tuesday & Thursday, 8:15pm

AQUATIC & FITNESS MEMBERSHIP PACKAGE

Includes the following...

Access to the fitness room and the pool

Aerobic, ABS, yoga, and aquacise classes

One session of swim lessons FREE per month for one individual on the membership

Locker rental for the day

FITNESS MEMBERSHIP PACKAGE

Includes the following...

Access to the fitness room

Aerobic, ABS, and yoga classes

Locker rental for the day

AQUATIC MEMBERSHIP PACKAGE

Includes the following...

Access to the pool

Aquacise classes

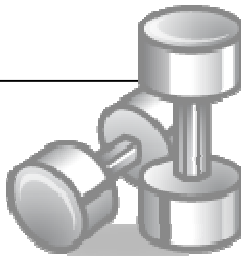
One session of swim lessons FREE per month for one individual on the membership

Locker rental for the day



Fitness Room Rules

- Minimum age without supervision is 16
- **Ages 12-15 must be accompanied by an adult 21 and older**
- Use equipment at your own risk
- 30 minute limit on all cardio equipment
- No concessions allowed; only bottled water
- Shoes and shirts are required



Jimmy C. Draughn Aquatic & Fitness Center
 Valdese Recreation Department
 312 Massel Ave.
 828-879-2144

FITNESS ROOM OPERATION HOURS

Monday-Friday: 5:30am-9:30pm

Saturday: 8:00am-9:30pm

Sunday: 1:00-5:00pm

CLOSING DATES

January 6th: the pool closes at 4:00pm-Swim Meet

January 8th: the pool closes at 4:00pm-Swim Meet

January 13th: the pool closes at 4:00pm-Swim Meet

January 15th: the pool closes at 4:00pm-Swim Meet

January 20th: the pool closes at 4:00pm-Swim Meet

January 22nd: the pool closes at 1:00pm-Swim Meet

January 23rd: the pool will be closed until 4:00pm for the conference swim meet

March 6th: the pool will be closed until 3:00pm for the Special Olympics swim meet

April 4th: the Valdese Recreation Department will be closed for Easter Sunday

April 16th: the pool will close at 5:00pm-Triathlon

April 17th: the Valdese Recreation Department will be closed until 5:00pm-Valdese Triathlon

DATES ARE SUBJECT TO CHANGE!